

LASER FOR ACNE:

PRIME, MAINTAIN, AND ENHANCE TREATMENT FOR ACNE-PRONE SKIN

Created to address the needs of acne-prone skin, this treatment primes skin for acne laser procedures by helping to reduce excess skin build-up and surface oils. When performed in a series post-laser, this treatment helps prevent the recurrence of blemishes and maintains a balanced complexion.

FOR BEST RESULTS: Perform the first treatment 2 weeks prior to the laser procedure. Maintain and Enhance results with one treatment per month for a series of 6 treatments.

PRE-TREATMENT SET-UP

Materials needed:

- Cotton rounds
- 4x4 rough gauze pads
- Cotton swabs
- Large cotton swabs or 2x2 soft gauze
- 4x4 soft gauze

Products needed:

- Gentle Cleanser
- LHA Cleansing Gel
- LHA Solution
- Hydra Balm
- Micropeel Plus 20 or Micropeel Plus 30
- Phyto Corrective Gel
- Biocellulose Restorative Masque
- Phloretin CF®
- Epidermal Repair
- Sheer Physical UV Defense SPF 50, Physical Fusion UV Defense SPF 50, or Physical UV Defense SPF 30

1. **PRE-CLEANSE** (*optional*) Remove eye and lip makeup with **Gentle Cleanser** on a pre-moistened cotton round.
2. **CLEANSE** Cleanse the face with **LHA Cleansing Gel** on 4x4 rough gauze pads. Rinse with 4x4 rough gauze pads moistened with water.
3. **TONE** Tone and further exfoliate the patient's skin use **LHA Solution** on dry 4x4 rough gauze pads or use soft gauze pads for sensitive skin.
4. **DEGREASE** Using a fan for ventilation, degrease the patient's skin with acetone (or alcohol for sensitive skin) on dry 4x4 rough gauze pads. Do not rinse. Pat the skin dry with gauze.
5. **EXTRACTIONS** (*optional*) Pore extractions may be performed on mature pustules as needed.
6. **SHIELD** Apply **Hydra Balm** with a cotton applicator to the outer canthus of the patient's eyes, in nasal-labial folds, around the nostrils, on the lips beginning at the vermilion border and any visibly irritated areas.
7. **CHEMICAL PEEL** Pour 5cc of either **Micropeel Plus 20** or **Micropeel Plus 30** solution into a plastic medicine cup. The preferable application of the peel solution is to roll it onto the skin with a large cotton swab. This ensures a more even coverage and better delivery of the salicylic acid formulation. If large cotton swabs are not available, 10cc of Micropeel Plus 20 or Micropeel Plus 30 peel solution can be applied with 2 x 2 soft gauze.

APPLICATION:

Apply an even layer of the solution beginning at the forehead utilizing:

1. A rolling technique with a large cotton applicator (preferred)

or

2. Sweeping motion using saturated 2 x 2 soft gauze

After applying solution to the forehead, pause application for 2 minutes to determine how the patient is tolerating the warm-heat sensation before continuing. After observing the forehead progress to the cheeks, and complete the peel by applying to the peri-oral area. The peel is self neutralizing: once the solution is dry on the patient's skin and the warm/heat sensation has subsided the application step is complete.

NOTE:

Approximately one minute after the Micropeel Plus application, the patient will feel a warm/heat sensation. This is a normal sensation caused by the penetration of the peel. The sensation will diminish in 4-5 minutes. Do not use a fan to diminish discomfort, as this will speed the evaporation of the solution, resulting in a less beneficial peel. Other common sensations are tightness & itching where the solution has been applied. A white powdery crystallization will appear as the alcohol in the formulation evaporates and the salicylic acid penetrates into the skin. Reapply the peel solution to any areas where the crystals are not apparent. The white crystals must be obvious on the skin for the peel to be effective and indicate an adequate amount of peel solution has been applied to the skin and the endpoint of the treatment.

FROSTING:

Any severe white "frosting" with apparent erythema may indicate non compliance on the patient's part to discontinue harsh exfoliants prior to the peel session. Frosting indicates the peel is penetrating deeper than anticipated. If this is the case, stop applying peel solution and reschedule.

9. REMOVE

Gently remove the white crystal powder with cool moist 4 x 4 soft gauze 2-3 times. Avoid rubbing the skin while removing. Momentary stinging may occur and will subside in 15 to 30 seconds. Some skin tightness may continue to be experienced at this point and the skin may feel slightly anesthetized to light touch up to 30 minutes.

After rinsing the skin, if there are any apparent white spots remaining on the skin, this indicates areas of a mild frost. Leave these areas alone. DO NOT attempt to rub & remove. The skin will return to normal state on its own. These areas are NOT THE SAME as the "white crystallization mask" formed by the acid. These transient white spots indicate the peel penetrated somewhat more deeply in these areas.

10. CALM

Apply 3-5 drops of **Phyto Corrective Gel** to entire face to soothe and calm skin.

Apply the **Biocellulose Restorative Masque** to further replenish the skin, leaving on the patient for 7-10 minutes. No rinsing is necessary after removing the masque.

11. PREVENT

Smooth 3-5 drops of **Phloretin CF[®]** on the entire face.

12. CORRECT

Apply a thin veil of **Epidermal Repair** to the entire face.

13. PROTECT

Apply an adequate amount of **Sheer Physical UV Defense SPF 50, Physical Fusion UV Defense SPF 50** or **Physical UV Defense SPF 30** to entire face.
