

LASER FOR WRINKLES AND LAXITY:

PRIME, MAINTAIN, AND ENHANCE TREATMENT FOR WRINKLES AND LAXITY

Created to address the needs of aging skin, this firming and rejuvenating treatment primes skin for laser procedures by initiating the rejuvenation process and supporting collagen synthesis. When performed in a series, it helps reduce the appearance of fine lines, wrinkles, and skin laxity.

FOR BEST RESULTS: Perform the first treatment 2 weeks prior to the laser procedure. Maintain and Enhance results after laser procedures with one treatment per month for a series of 6 treatments.

PRE-TREATMENT SET-UP

Materials needed:

- Cotton rounds
- 4x4 rough gauze
- Cotton swabs
- 4x4 soft gauze
- Mixing bowl to hold masque
- Spatula to mix masque

Products needed:

- Gentle Cleanser
- Retexturing Activator®
- LHA Cleanser
- LHA Toner
- Clarifying Clay Masque
- Hydra Balm
- Micropeel 20 or Micropeel 30 Solution
- Peel Neutralizer
- Phyto Corrective Gel
- Vitamin C Firming Masque
- Biocellulose Restorative Masque
- C E Ferulic®
- A.G.E. Interrupter
- Sheer Physical UV Defense SPF 50, Physical Fusion UV Defense SPF 50, or Physical UV Defense SPF 30

- 1. PRE-CLEANSE (optional)** Remove eye and lip makeup with **Gentle Cleanser** on a pre-moistened cotton round.
- 2. CLEANSE** Cleanse the face with Simply **LHA Cleanser** on 4x4 rough gauze pads. Rinse with 4x4 rough gauze pads moistened with water.
- 3. TONE** Tone and further exfoliate the patient's skin by using **LHA Solution** on dry 4x4 rough gauze pads or soft gauze pads for very sensitive skin.
- 4. EXFOLIATE** Mix 5-7 drops of **Retexturing Activator®** with **Clarifying Clay Masque**. Gently massage the mixture on the face for 5 minutes. Dampen as necessary with water to prevent the mixture from caking.
- 5. SHIELD** Apply **Hydra Balm** with a cotton applicator to the outer canthus of the patient's eyes, in nasal-labial folds, around the nostrils, on the lips beginning at the vermilion border and any visible irritated areas.
- 6. CHEMICAL PEEL** Pour 5cc of either **Micropeel 20** or **Micropeel 30 Solution** into a plastic medicine cup. The peel solution is applied to the face with soft gauze. Set the timer for 2 minutes and start the timer upon beginning initial application of the acid. Quickly apply one even layer of the Micropeel Solution to the entire face avoiding the eyes and mouth. Leave the acid on the face no longer than 2 minutes from the first stroke. Normal signs of activity include pinkness, mild itching and tingling. Depending on skin condition, erythema and tolerance, the acid may need to be neutralized and removed prior to two minutes. To decrease the discomfort during the chemical peel application, a fan can be used.

7. NEUTRALIZE

At the first sign of pinkness or after 5 minutes, neutralize the entire treated area with 4x4 soft gauze saturated in **Peel Neutralizer**. Continue neutralization until tingling subsides. Once neutralization is complete, rinse the area thoroughly with copious amounts of cold water with saturated 4x4 soft gauze pads.

8. EXTRACTIONS *(optional)*

Pore extractions may be performed on mature pustules as needed.

9. CALM

Apply the **Biocellulose Restorative Masque** to further replenish the skin, leaving on the patient for 10 minutes. No rinsing is necessary after removing the masque.

10. FIRM *(optional for priming)*

In small bowl mix two pumps of **Gentle Cleanser**, 3-5 drops of **Phyto Corrective Gel**, and one scoop of **Vitamin C Firming Masque**. Apply to the entire face with soft gauze. If using alone allow the masque to dry for 5-7 minutes; if proceeding to next optional step, allow the masque to dry for 3 minutes. Remove the masque and rinse thoroughly with 4x4 soft gauze saturated with cool water.

11. PREVENT

Apply 3-5 drops of **C E Ferulic**[®] to the entire face.

12. CORRECT

Apply **Retexturing Activator**[®] to accelerate cell differentiation. Apply a thin veil of **A.G.E. Interrupter** to the entire treated area.

13. PROTECT

Apply an adequate amount of **Sheer Physical UV Defense SPF 50**, **Physical Fusion UV Defense SPF 50** or **Physical UV Defense SPF 30** to entire face.
