

POST PROCEDURE:

RECOVERY TREATMENT

Created to address the needs of skin in the post-procedure recovery phase, including skin that is sensitive or overheated. Ideal for use after any procedure that compromises skin, including lasers and chemical peels. Clinically proven safe and effective to cool and soothe skin after aggressive procedures.

FOR BEST RESULTS: Perform as needed for 3-15 days post-procedure to accelerate recovery and reduce patient discomfort.

PRE-TREATMENT SET-UP

Materials needed:

- 4x4 soft gauze pads

Products needed:

- Gentle Cleanser
- Equalizing Toner
- Hydrating B₅ Gel
- Blemish + Age Defense[®]
- Clarifying Clay Masque
- Biocellulose Restorative Masque
- Phyto Corrective Gel
- Epidermal Repair
- Hydra Balm
- Sheer Physical UV Defense SPF 50, Physical Fusion UV Defense SPF 50, or Physical UV Defense SPF 30

1. CLEANSE

Cleanse the patient's face carefully with **Gentle Cleanser** on 4x4 soft gauze pads. Rinse with water.

2. TONE

Day 3-10: Toning may not be applicable.

Day 10+: Tone the patient's skin with **Equalizing Toner** on dampened 4x4 soft gauze pads. Rinse with water.

3. EXFOLIATE

Day 3-10: Mix **Hydrating B₅ Gel** with **Gentle Cleanser** and apply to face with fingertips. Gently massage to further exfoliate loose dry skin. Dampen fingertips with water to avoid drying of the ingredients. Remove with cool moist soft gauze. **DO NOT USE STEAM AND DO NOT RUB.**

4. CALM

Apply the **Biocellulose Restorative Masque** to further replenish the skin, leaving on the patient for 7-10 minutes. No rinsing is necessary after removing the masque.

5. CORRECT

Apply 5-7 drops of **Phyto Corrective Gel** to soothe and calm the skin. Follow with a pea sized amount of **Epidermal Repair**.

6. PROTECT

Day 3-10: Apply a thin coat of **Hydra Balm** to treated areas.

Day 10+: Apply an adequate amount of **Sheer Physical UV Defense SPF 50**, **Physical Fusion UV Defense SPF 50** or **Physical UV Defense SPF 30** to treated areas.