

MEDIUM & DEEP CHEMICAL PEELS:

PRIME, MAINTAIN, AND ENHANCE TREATMENT FOR PHOTOAGING

Created to address photoaging and scarring, this rejuvenating treatment primes skin for medium-deep chemical peels by eliminating excess skin cells to ensure even peel application and improve patient tolerance. After the chemical peel, regular treatments will help reduce the appearance of fine lines, wrinkles, hyperpigmentation, laxity, and skin imperfections.

FOR BEST RESULTS: Perform the first treatment 2 weeks prior to the first chemical peel. Maintain and Enhance results by performing one treatment per month for a series of 6 treatments.

PRE-TREATMENT SET-UP

Materials needed:

- Cotton rounds
- 4x4 rough gauze
- Cotton swabs
- 4x4 soft gauze

Products needed:

- Gentle Cleanser
- Simply Clean
- Equalizing Toner
- Hydra Balm
- Micropeel 20 or Micropeel 30
- Peel Neutralizer
- Blemish + Age Defense®
- Clarifying Clay Masque
- Biocellulose Restorative Masque
- C E Ferulic®
- Phyto Corrective Gel
- A.G.E. Interrupter
- Sheer Physical UV Defense SPF 50, Physical Fusion UV Defense SPF 50, or Physical UV Defense SPF 30

- 1. PRE-CLEANSE (optional)** Remove eye and lip makeup with **Gentle Cleanser** on a pre-moistened cotton round.
- 2. CLEANSE** Cleanse the patient's face carefully with **Simply Clean** on 4x4 rough gauze pads. Rinse with 4x4 rough gauze pads moistened with water.
- 3. TONE** Tone and further exfoliate the patient's skin by using **Equalizing Toner** on dry 4x4 rough gauze pads or use soft gauze pads for sensitive skin.
- 4. EXFOLIATE** Mix 5-7 drops of **Blemish + Age Defense®** with **Clarifying Clay Masque**. Gently massage the mixture on the face for 5 minutes. Dampen as necessary with water to prevent mixture from caking. Remove completely with 4x4 rough gauze pre-saturated with water.
- 5. SHIELD** Apply **Hydra Balm** with a cotton applicator to the outer canthus of the patient's eyes, in nasal-labial folds, around the nostrils, on the lips beginning at the vermilion border and any visible irritated areas.
- 6. CHEMICAL PEEL** Pour 5cc of either **Micropeel 20** or **Micropeel 30 Solution** into a plastic medicine cup. The peel solution is applied to the face with soft gauze. Set the timer for 2 minutes and start the timer upon beginning initial application of the acid. Quickly apply one even layer of the Micropeel Solution to the entire face avoiding the eyes and mouth. Leave the acid on the face no longer than 2 minutes from the first stroke. Normal signs of activity include pinkness, mild itching and tingling. Depending on skin condition, erythema and tolerance, the acid may need to be neutralized and removed prior to 2 minutes. To decrease the discomfort during the chemical peel application, a fan can be used.

7. NEUTRALIZE	At the first sign of pinkness or after 2 minutes, neutralize the entire treated area with 4x4 soft gauze saturated in Peel Neutralizer . Continue neutralization until tingling subsides. Once neutralization is complete, rinse the area thoroughly with copious amounts of cold water with saturated 4x4 soft gauze pads.
8. EXTRACTIONS <i>(optional)</i>	Pore extractions may be performed on mature pustules as needed.
9. CALM	Apply the Biocellulose Restorative Masque to further replenish the skin, leaving on the patient for 7-10 minutes. No rinsing is necessary after removing the masque.
10. PREVENT	Apply 3-5 drops of C E Ferulic [®] to the entire face.
11. CORRECT	Apply 3-5 drops of Phyto Corrective Gel to soothe and calm skin followed by a dime-sized application of A.G.E. Interrupter .
12. PROTECT	Apply an adequate amount of Sheer Physical UV Defense SPF 50 , Physical Fusion UV Defense SPF 50 or Physical UV Defense SPF 30 to entire face.
